

# EDUCATIONAL PROGRAMS

LEARN | EXPERIENCE | GROW



**OCTOBER  
THROUGH JANUARY**

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## FAMILY WORKSHOPS

Celebrate nature and art and create memories with these wonderful family activities! We provide you with everything you need to create your project, along with instruction and some inspiration.

### Nature Picture Frames

This is the picture-perfect way to spend a Saturday morning! Participants will go on a garden walk to experience the colors of fall and to collect leaves, seed pods, twigs, acorns, and other natural specimens. After their walk, adults and children will work together and use their natural treasures to decorate and adorn their own picture frame.

*Members \$25, Non-members \$35*

**October 16 at 10 a.m.**



### Turkey Flower Bouquet

A group of turkeys is called a rafter. A group of flowers is a bouquet. In this fall-themed family workshop, the two will combine, as adults and children work together to create their very own silk floral arrangement with feathers, beaks, and personality!

*Members \$30, Non-members \$40*

**November 6 at 10 a.m.**

### Gingerbread Houses

Enjoy an afternoon of classic holiday fun at Lauritzen Gardens and decorate your own gingerbread house to take home! Celebrate the season and create memories with this festive family project!

*Members \$30, Non-members \$40*

**December 4, 11, or 18 at 10 a.m.**



### Winter Stars

With the holidays wrapping up, your living area may need a bit of "sprucing" up! This family workshop will be creating stars out of natural materials that often are emphasized in the winter months. From berries to vines, you will be creating several different kinds of stars to create a garland or simply stars that hang on their own!

*Members \$25, Non-members \$35*

**January 14 at 10 a.m.**

Please note: One project will be provided per family (any combination of adults and children, as long as one adult is participating). Pre-registration is required one week in advance of the class.



## LIL' SPROUTS

Adults and children ages 3 to 5 work together while learning about nature, shapes, colors, ABC's, and 123's. Each child will create a craft, enjoy a snack, and experience a short garden excursion. For more information and to register visit [lauritzengardens.org](http://lauritzengardens.org) or call (402) 346-4002, ext. 253.

Classes are held on select Wednesdays from 10 to 11:30 a.m. and Thursdays from 1 to 2:30 p.m. Each registration is good for one child and one adult.

*Members \$8, Non-members \$18*

### November 3 or 4 | Owls

Learn all about barn owls as well as their habits and habitats and then dissect an owl pellet.

Pre-registration is required by October 29.

### December 8 or 9 | Where Does Our Food Come From?

Explore the Marjorie K. Daugherty Conservatory and learn about where our fruits and vegetables come from.

Pre-registration is required by December 3.

### January 5 or 6 | Animal Tracks and the Color White

This month's class focuses on the color white and the tracks animals leave behind when it snows. We will explore hibernation, animal tracks, and winter food for animals.

Pre-registration is required by December 27.

## PHOTOGRAPHY LEVEL 1

Advance beyond using the automatic settings on your DSLR camera, learning about aperture, shutter speed and lighting. For beginners.

Classes are from 9 to 11 a.m.

Instructor: Will Fields

Members \$20, Non-members \$25

October 9 | November 13 | December 18

January 15



## PHOTOGRAPHY LEVEL 2

Develop your own style, learn basic techniques, and pick up some tips that professional photographers use. The instructor will provide clear instruction, guidance, and feedback throughout four field exercises. For beginner to intermediate photographers. Classes are from 1 to 3 p.m.

Instructor: Will Fields

Members \$20, Non-members \$25

October 9 | November 13 | December 18

January 15



## PHOTOGRAPHY LEVEL 3

Prerequisite: Photography Level 2 or submit 5 images for review by the instructor.

Classes are from 3 to 5 p.m.

Instructor: Will Fields

Members \$20, Non-members \$25

### Speaking in More than One Tense

Learn how to use focal length to create different effects.

October 9 | January 15

### Mindfulness

Learn awareness of composition and the use of positive/negative space and the lines within the frame.

November 13

### Point of View

Learn how to change the point of view by changing perspective and the elements within the frame.

December 18

## EVENING PHOTOGRAPHY

Come learn and expand your knowledge of photography during an after-hours exploration of Lauritzen Gardens. Completion of Photography Level 2 or a review of existing work with the instructor is required.

Instructor: Will Fields

Members \$20, Non-members \$25

October 20 | 7 to 9 p.m.



## BOTANICAL DESIGN

Learn basic floral design skills that can be used to create all types of arrangements. Each workshop has its own unique theme, which offers a new experience each time you participate. No floral design knowledge or experience is necessary. All supplies are included. To ensure the freshest, longest-lasting arrangements, our designers select flowers from the warehouse the week of class to fit the class theme. Pre-registration is required one week prior to each class.

Instructor: Karen Vice of Fancy Plants Flowers and Design LLC

Monday, November 22 | 6 to 7:30 p.m.

Thanksgiving Centerpiece

Members \$55, Non-members \$65

Saturday, December 4 | 10 to 11:30 a.m.

Holiday Wreath

Members \$55, Non-members \$65

Saturday, December 4 | 1:30 to 3:30 p.m.

Holiday Wreath

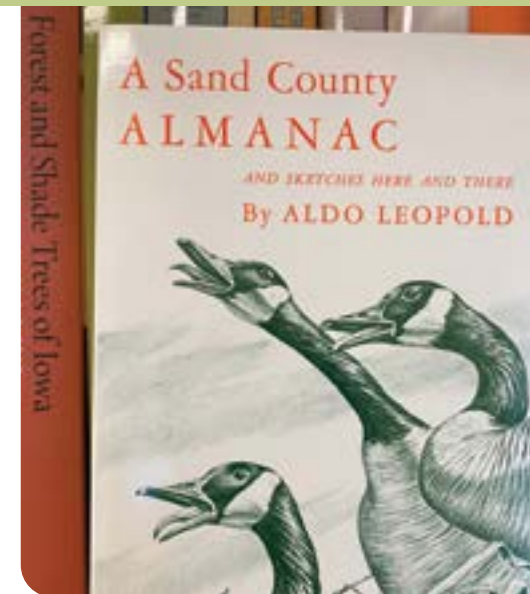
Members \$55, Non-members \$65

Monday, December 20 | 6 to 7:30 p.m.

Christmas Centerpieces

Work on basic design development with some of the seasons most beautiful blooms.

Members \$55, Non-members \$65



## BOOK CLUB

Join us as we read and discuss Aldo Leopold's *A Sand County Almanac*. Aldo Leopold was a conservationist, forester, and educator who developed the concept of "land ethic" in this compilation of writings. Over 2 million copies of *A Sand County Almanac* have been sold around the world, and it is widely considered to be one of the most important books on environmentalism ever written.

Discussion will be led by Lauritzen Gardens' educator Juelles Brenner. Price includes five discussion sessions as well as a copy of the book, which you will receive on the first day. Discussion sessions will be held at Lauritzen Gardens from 4:30 to 5:30 p.m. Facilitator: Juelles Brenner  
Members \$55, Non-members \$65

November 3 | Introduction and Foreword

November 10 | Part I: *A Sand County Almanac*: January-June

November 17 | Part I: *A Sand County Almanac*: July-September

December 1 | Part II: *And Sketches Here and There*

December 8 | Part III: *The Upshot*

## MACRAMÉ PLANT HANGERS

Macramé is back and better than ever! Learn how to make basic macramé knots, and then make your own macramé plant hanger, and pot up a plant to take home in your new masterpiece. Classes will be held from 12:30 to 2:30 p.m.

Pre-registration is required a week prior.

Instructor: Andrea Elarton

Members \$40, Non-members \$50

October 9 | November 6 | December 4  
January 8



## POLYMER CLAY CREATIONS

Inspired by patterns found in nature, design and create your own customized polymer clay creations. Workshop includes time, knowledgeable instruction, all supplies, and information for kilning at home.

Pre-registration is required one week prior to each class.

Instructor: Skyler Thomas Koehn

Members \$20, Non-members \$30



Polymer Clay Shot Glass and Pen Set  
November 13 | 6 to 7:30 p.m.

Polymer Clay Ornaments  
December 11 | 6 to 7:30 p.m.

## BASKETWEAVING: TOTE BASKET

Basket weaving is an ancient art form that uses botanical materials to create functional pieces that you can enjoy for years to come. Jeannie Sisson of Woven Keepsakes will conduct this workshop, where “fun and friendships intertwine”, and participants will create their own tote basket.

All supplies are provided.

Pre-registration is required.

Members \$40, Non-members \$50

November 20 | Noon to 5 p.m.



## QIGONG

Qigong (CHEE - GONG) is a practice of coordinated movements and breathing done in repetition for clearing, cultivating, and balancing energy within the body while also building strength and stability. It is a gentle form of exercise that can be thought of as a moving meditation. This method of coordinating breath with body movements helps bring awareness within, reduce stress, anxiety and tension, and also promotes restful sleep.

Classes are held from 8 to 9 a.m.

Instructor: Julie Wolter Jenowe

Members \$10, Non-members \$15

October 9 | Cultivate the Fire Within - Qigong for Energy

October 23 | Access Nature's Abundant Source of Energy

November 6 | A Pathway to the Heart, Qigong for the Cardiovascular System

November 20 | Cultivate a Path to Well Being

December 4 | Golden Light Shine - Qigong Practice for Energy Awareness

December 18 | Let your Energy Flow

January 8 | Create Harmony of Body, Mind, and Spirit

January 22 | Igniting Energetic Flow with Qigong

## REIKI-INFUSED MEDITATION - NEW!

Reiki-Infused Meditation is a guided meditation class that helps you activate your body's natural ability to receive healing. You will be guided using easy-to-follow instruction through awareness of your body and the body's energy system. Monday can be the most stressful day of the week! Take a load off with this deeply relaxing and rejuvenating experience.

Classes are held from 4 to 5 p.m.

Instructor: Jenelle Emory

Members \$10, Non-members \$15

October 11 | October 25 | November 15 | November 29 | December 6 | December 20

January 10 | January 24

## HEALTH AND WELLNESS

### YOGA

Classes will be held outdoors through October (weather permitting). Please bring a mat or towel. Classes are held from 6 to 7:30 p.m.

All levels are welcome.

Members \$10, Non-members \$15

### FLOW/VINYASA

Surrounded by the beauty of nature, you'll find the peace and stillness inherent in the garden. Connect with nature and yourself in these yoga workshops for all levels.

Instructor: Suzanne Wright

October 6 | November 3 | December 1

January 5

### RELAXATION YOGA

This gentle, relaxing introduction to yoga is perfect for beginners or yoga practitioners of all levels.

Instructor: Lindsey VanZee

October 13 | October 27

### YIN YOGA

Yin yoga is a slow-paced style of yoga combining deep stretching and relaxation. This more meditative practice helps to lengthen ligaments, soften joints, and improve flexibility.

Instructor: Suzanne Wright

October 20 | November 17 | December 15

January 19

### NEW! HATHA YOGA BASICS: SLOW FLOW AND GLOW

Breathe, stretch, and strengthen surrounded by Mother Nature. During this ALL LEVELS practice, you'll be expertly guided through traditional postures that are accessible and sequences that are easy to emulate. Bring your yoga mat and willingness to go with the flow, and discover this illuminating class!

Classes are held from 5:30 to 6:45 p.m.

Instructor: Theresa Cassaday

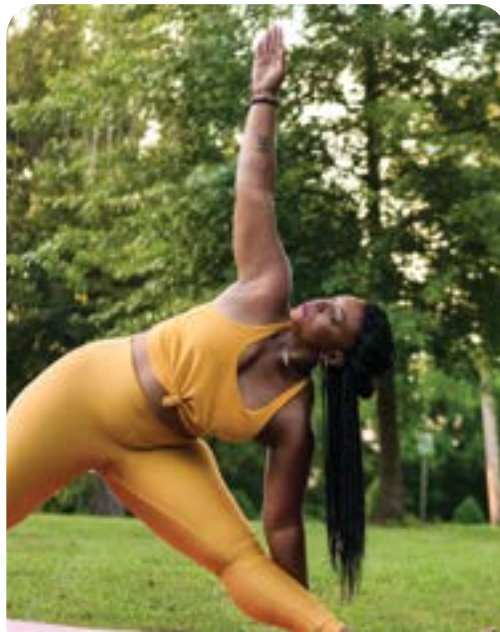
October 7 | October 14 | October 21

October 28 | November 4 | November 11

November 18 | December 2 | December 9

December 16 | January 6 | January 13

January 20 | January 27



## SPECIAL EVENTS

### FALL CHRYSANTHEMUM DISPLAY

Through October 15

Chrysanthemums traditionally take stage in the autumn as the sumptuous palette of the season revolves around orange, brown, green, yellow and red, with hints of pink and purple. This indoor horticultural display celebrates the fall season and the diversity of the chrysanthemum.

Take a stroll through the indoor display, then venture outside to enjoy the beauty of the autumn garden.

Included with paid garden admission (\$10+ tax, \$5+ tax for ages 3-12) or membership.

### LEASHES AT LAURITZEN

October 11 | 5 to 8 p.m.

The garden has gone to the dogs! Bring your canine friends to walk the grounds and enjoy the great outdoors together. Water will be available at stations throughout the garden. Don't miss this tail wagging good time!

Included with paid garden admission (\$10+ tax, \$5+ tax for ages 3-12) or membership.

Thank you to our presenting sponsor:  
Titus and Walter Doodle

Sponsored for the community by:  
Animal Spay-Neuter Clinic | Urgent Pet Care  
Bellevue Animal Hospital | Bonafide Dog  
Academy LLC | FETCH! Pet Care

### WICKED PLANTS DISPLAY

October 16 through 31

Wicked Plants features living specimens of some of the most notorious members of the plant kingdom. While there are far more heroes than villains in the botanical world, some plants are REALLY wicked. This display will showcase plants from our collection that poison, paralyze, puncture, intoxicate, eat flesh, and otherwise offend, some of which we commonly grow in our homes and gardens. Look at our diabolical specimens, learn how some plants earn their bad reputations, and discover the dark side of the plant world.

Included with paid garden admission (\$10+ tax, \$5+ tax for ages 3-12) or membership.

## SPECIAL EVENTS



### GHOULISH GARDEN ADVENTURE

**October 24 | noon to 4 p.m.**

Just in time for Halloween, experience a Ghoulish Garden Adventure at Lauritzen Gardens. Explore a variety of educational and fun activity stations and trick-or-treat stops throughout the garden. Learn about the mysteries of nature, get up close and personal with the amazing creatures that make the fall so festive, and pick up seasonal craft kits to take home.

Activities are included with paid garden admission of \$10 + tax adults, \$5 + tax ages 3-12), free for garden members and children 2 and under.

### DECK THE HOLIDAYS: GUILD HOLIDAY LUNCHEON

**December 2 | 11:30 a.m.**

The Lauritzen Gardens Guild invites you to learn about the larger than life décor that adorns the streets of the Big Apple, as we welcome Bob Soloff of American Christmas to Lauritzen Gardens.

Hailed as the premier holiday decoration resource in the country, American Christmas has cultivated a list of impressive clients such as: Rockefeller Plaza, Radio City Music Hall, Madison Square Garden, and many major retailers. We hope you'll join us to celebrate the holiday season and the many decorations that fill the air with holiday cheer.

Seating is limited. Reservations are required and will open soon. For more information, please contact Cynthe Johnson at (402) 346-4002, ext. 219 or [c.johnson@omahabotanicalgardens.org](mailto:c.johnson@omahabotanicalgardens.org).

### MERRY & BRIGHT

**November 20, 2021 through January 3, 2022**

**Open 9 a.m. to 5 p.m. daily | Closed Thanksgiving, Christmas, and New Year's Day**  
Thousands of poinsettias bursting with rich, vibrant color fill the floral display hall in a glowing tribute to the holidays during the spectacular holiday poinsettia show, Merry & Bright. In the center of it all, a magnificent and majestic 20-foot-tall poinsettia tree stands tall. Surrounded by festive foliage, glittering ornaments and the whir and whistle of model garden trains, this show evokes the warmest greetings of goodwill and cheer.



## SPECIAL EVENTS

Add S'more joy to your visit by toasting a marshmallow at the fire pits in the Family Chill Zone. This gathering place gives families a place to relax, warm up, play games, and to enjoy the winter weather. S'mores kits will be available for purchase at the front desk.

Included with paid garden admission (\$10+ tax, \$5+ tax for ages 3-12), free for garden members and children 2 and under.

### BRIGHT NIGHTS

**November 20-21, 24, 26-28, December 3-5, 10-23, 26-30, January 2-3 | 5 to 8 p.m.**

Set a merry mood with friends and family and explore the illuminated indoor gardens on select nights. From a 20' tall poinsettia tree to a tropical paradise, see festive installations that glow and shine, and showcase nature in a new light.

Included with paid admission or membership (\$10 + tax adults, \$5 + tax ages 3-12), free for garden members and children 2 and under.

Expedite the entry process and reserve timed tickets online at [lauritzengardens.org/tickets](http://lauritzengardens.org/tickets)

### NATIONAL POINSETTIA DAY

**December 12**

Celebrate this national holiday, commemorating this gorgeous holiday plant, and its history, while visiting the holiday poinsettia show.

In honor of National Poinsettia Day, the first 100 families to visit the garden will receive a FREE poinsettia (limit one per family).

Included with paid admission or membership (\$10 + tax adults, \$5 + tax ages 3-12), free for garden members and children 2 and under.

### HOLIDAY HARMONY

**Various dates throughout the holiday season**  
Join us during the holiday season to listen to live music amid the festive garden surroundings. For the most up-to-date schedule, visit [lauritzengardens.org](http://lauritzengardens.org).





LAURITZEN  
GARDENS

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lauritzengardens.org  
(402) 346-4002

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## REGISTRATION

All classes, workshops and other educational offerings listed in this brochure require advance registration with payment due upon registration.

**MEMBERS:** If you haven't registered your account, please do so by using the link in the upper right-hand corner on the program registration page. Then sign-in to complete your program registration (your email should appear there if you are properly signed in). Member discounts are applied after classes are added to the cart. **Please note that member discounts for events and programs apply only to those covered under membership terms.**

## REFUNDS AND CANCELLATIONS

If a registration for a program must be canceled, registration fees will be refunded if notice is received at least one week before the program date. Refunds will not be provided for cancellations within one week of the start of the program or for participants that are late or do not show for a program.

Please note that programs with insufficient registrations may be canceled. If Lauritzen Gardens cancels a program, phone or email notification will be made as early as possible and full refunds will be given. In case of severe weather, please call (402) 346-4002, ext. 201 or, on the weekends, (402) 346-4002, ext. 250 to check the status of the program.

For more information visit [lauritzengardens.org](http://lauritzengardens.org) and click on "learn" or call (402) 346-4002, ext. 253

**GENERAL GARDEN INFORMATION**  
(402) 346-4002  
[lauritzengardens.org](http://lauritzengardens.org)

## FOLLOW US

Follow us to get the latest dirt on garden programs and events



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LAURITZEN  
GARDENS

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Open daily 9 a.m. to 5 p.m.  
Closed Thanksgiving, Christmas Day,  
and New Year's Day  
100 Bancroft Street, Omaha, NE  
[lauritzengardens.org](http://lauritzengardens.org)