### **EDUCATIONAL PROGRAMS**

LEARN | EXPERIENCE | GROW



JUNE THROUGH SEPTEMBER

Youth Education | pgs. 2-4 Adult Programs | pgs. 5-13 Events | pgs. 14-15



### YOUTH AND FAMILY PROGRAMS



### SUMMER IN COLOR

June 28 through July 2 or August 2 through 6



### FORCES OF NATURE

May 31 through June 4 or July 12 through 16



**HABITATS ARE HIP** sold out
June 7 through 11 or June 21 through 25



CAN YOU SURVIVE? sold out
June 14 through 18 or July 26 through 30



**SUPERHEROES OF THE PLANT AND ANIMAL KINGDOM** sold out July 5 through 9

REGISTER

TODAY!

#### FORCES OF NATURE

Learn about the fascinating world of weather! Through hands-on activities and experiments, campers will learn about the science behind the forces of nature in a fun atmosphere and dispel the common misconceptions and fears that surround our most common natural disasters.

Full week, all day: Members \$215, Non-members \$235

#### SUMMER IN COLOR

During this bright week of fun and adventure that combines the great outdoors with artistic expression, campers will use their creativity and imagination to explore the colors of nature through activities and art projects. Focusing on one color each day, campers will explore topics from rainbows to camouflage, will create colorful take-home projects, and will discover the ever-changing, magical colors of nature. Full week, all day: *Members* \$215, *Non-members* \$235

#### REGISTER FOR A SUMMER OF FUN AND EXPLORATION

Summer Adventure Camps provide a unique learning experience for children 5-12 years of age where they will learn science concepts and interact with nature through hands-on activities, arts and crafts and more in indoor and outdoor settings. Camps will be held onsite at Lauritzen Gardens this summer. All-inclusive camps are offered in week-long, full-day formats. Early drop-off is available from 8 to 9 a.m. and late pick up from 4 to 5 p.m. For more information or to register visit lauritzengardens.org or please call Christine at (402) 346-4002, ext. 212 or Kate at (402) 346-4002, ext. 253.

#### REFUNDS AND CANCELLATIONS

A refund equal to 50% of the purchase price may be given when the refund is requested a minimum of four weeks before the start of the camp, this includes any goods or services purchased in conjunction with the camp. If a refund is requested within four weeks of camp, no refund will be given. The refund of one or more camps may affect the sale prices charged in the previous transaction, and therefore may affect the refund. In the event that multiple camps have been purchased, and a refund is requested, amounts refunded will begin with the least expensive camp and progress higher in purchase price as needed according to purchases within the same transaction. When possible, Lauritzen Gardens can transfer a camp registration to another session. However, transfer requests are based on availability.

#### **FAMILY WORKSHOPS**

Celebrate nature and art and create memories with this wonderful family activity! We provide you with everything you need to create your project, along with instruction and some inspiration.

#### Pebble Flower Art

This family workshop rocks! Put your group's collective creativity to the test as you create your own 3-d floral masterpiece from pebbles and rocks.

Members \$25, Non-members \$35

September 18 at 10 a.m.

#### Nature Picture Frames

This is the picture-perfect way to spend a Saturday morning! Participants will go on a garden walk to experience the colors of fall and to collect leaves, seed pods, twigs, acorns, and other natural specimens. After their walk, adults and children will work together and use their natural treasures to decorate and adorn their own picture frame. Members \$25, Non-members \$35

October 16 at 10 a.m.

#### Turkey Flower Bouquet

A group of turkeys is called a rafter. A group of flowers is a bouquet. In this fall-themed family workshop, the two will combine, as adults and children work together to create their very own silk floral arrangement with feathers, beaks, and personality!

Members \$30, Non-members \$40

November 6 at 10 a.m.

#### Gingerbread Houses

Enjoy an afternoon of classic holiday fun at Lauritzen Gardens and decorate your own gingerbread house to take home! Celebrate the season and create memories with this festive family project!

Members \$30, Non-members \$40

December 4 or 18 at 10 a.m.

Please note: One project will be provided per family (any combination of adults and children, as long as one adult is participating). Pre-registration is required one week in advance of the class.







#### LIL' SPROUTS

Lauritzen Gardens is a magical environment for children (pre-K, ages 3-5) and adults to explore and learn in together. In Lil' Sprouts, participants work together and engage their senses while learning about nature, shapes, colors, ABC's and 123's. Enjoy story time, hands-on activities, crafts, garden exploration and creative play as you discover the wonders of nature with your child or grandchild. Each registration is good for one child and one adult. Members \$8, Non-members \$18

#### Soil

Explore the woodland waterfall, talk about different types of soil, and learn why soil is so important for plants and animals.

Wednesday, August 4 at 10 a.m. Thursday, August 5 at 1 p.m.

#### Ladybugs and Beetles

Explore the Victorian garden and learn about the remarkably different characteristics of ladybugs and beetles.

Wednesday, September 8 at 10 a.m. Thursday, September 9 at 1 p.m.

#### **Pumpkins**

This month we'll learn how pumpkins grow and dig into an actual pumpkin.

Wednesday, October 6 at 10 a.m. Thursday, October 7 at 1 p.m.

#### Owls

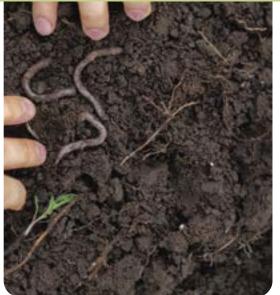
This month we'll learn about barn owls as well as their habits and habitats and then dissect an owl pellet.

Wednesday, November 3 at 10 a.m. Thursday, November 4 at 1 p.m.

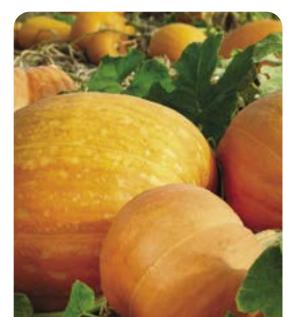
#### Where Does Our Food Come From?

Explore the Marjorie K. Daugherty Conservatory and learn about where our fruits and vegetables come from.

Wednesday, December 8 at 10 a.m. Thursday, December 9 at 1 p.m.













#### PHOTOGRAPHY LEVEL 1

Advance beyond using the automatic settings on your DSLR camera, learning about aperture, shutter speed and lighting. For beginners. Classes are from 9 to 11 a.m. Instructor: Will Fields

Members \$20, Non-members \$25

June 12 | July 10 | August 7 September 18 | October 9

#### PHOTOGRAPHY LEVEL 2

Develop your own style and gain an understanding of what makes a great photo, learn basic techniques, and pick up some tips that professional photographers use. The instructor will provide clear instruction, guidance, and feedback throughout four field exercises. For beginner to intermediate photographers. Classes are from 1 to 3 p.m. Instructor: Will Fields

Members \$20, Non-members \$25 June 12 | July 10 | August 7 September 18 | October 9

#### PHOTOGRAPHY LEVEL 3

Prerequisite: Photography Level 2 or submit 5 images for review by the instructor.
Classes are from 3 to 5 p.m.
Instructor: Will Fields
Members \$20, Non-members \$25

#### Point of View

Learn how to change the point of view by changing perspective and the elements within the frame.

June 12 | September 18

Speaking in More than One Tense Learn how to use focal length to create different effects.

July 10 | October 9

#### Mindfulness

Learn awareness of composition and the use of positive/negative space and the lines within the frame.

August 7

#### **EVENING PHOTOGRAPHY**

Come learn and expand your knowledge of photography during an after-hours exploration of Lauritzen Gardens. Completion of Photography Level 2 or a review of existing work with the instructor is required. Classes are from 7 to 9 p.m. Instructor: Will Fields Members \$20, Non-members \$25

June 16 | July 21 | August 18

September 15 | October 20

### **BOTANICAL INSPIRED ARTS AND CRAFTS**



Make beautiful floral designs to display at home or provide as a gift. Each workshop has its own unique theme which allows you to enjoy a new experience each time you participate. Participants will learn basic floral design skills that can be used to create all types of arrangements. No floral design knowledge or experience is necessary. Classes are held from 6 to 7:30 p.m. on select Monday evenings. All supplies are included. To ensure the freshest, longest-lasting arrangements, our designers select flowers from the warehouse the week of class to fit the class theme. Pre-registration is required one week prior to each class.

Instructor: Karen Vice of Fancy Plants Flowers and Design LLC Members \$45, Non-members \$55

#### June 14 | Boutonnieres and Corsages

Dive into the basics of boutonniere design as well as pin-on wrist corsages.

#### July 19 | The European Hand-tied Bouquet

Step by step instruction on creating a European hand-tied bouquet.

#### August 23 | Intro to the Compote Style Arrangement

Learn the techniques to conquer this new, trending style.

#### September 13 | Autumn Splendor

Work on basic design development with some of the seasons most beautiful blooms.





# BEGINNER WATERCOLOR PAINTING

This course will focus on the fundamentals of watercolor painting. In this hour we will learn how to set up your workspace, how to plan a painting, and how to best approach layering your work from start to finish. This class is a great transition into the intermediate course where you can jump right in to your designs! A supply list will be provided in advance of this class. Pre-registration is required a week prior. Class will be held from 10 to 11 a.m. Instructor: Samantha Guelden Members \$35, Non-members \$45

June 12 | July 24 | August 21 | September 18

# INTERMEDIATE WATERCOLOR PAINTING

Capture the beauty of the garden while learning about the basics of watercolor painting. A supply list will be provided in advance of this class. Pre-registration is required a week prior to the course. Class will be held from noon to 2 p.m. and will be held outdoors as weather allows. Instructor: Samantha Guelden Members \$35, Non-members \$45

June 12 | Color Mixing

July 24 | Using Alternative Tools

August 21 | Layers

September 18 | Texture



# MACRAME PLANT HANGERS

Macramé is back and better than ever! Learn how to make basic macramé knots, and then make your own macramé plant hanger, and pot up a plant to take home in your new masterpiece. Classes will be held from 12:30 to 2:30 p.m. Pre-registration is required a week prior. Instructor: Andrea Elarton Members \$40, Non-members \$50

June 19 | July 10 | August 14 | September 25

### **BOTANICAL BARTENDING**







#### WOODCARVING

Jam Spreaders (Beginner) - NEW!

Develop the confidence to carve jam spreaders from fresh timber using a basic carving knife. The jam spreader is an outstanding introductory project into woodworking, and it is also a functional utensil that can be used for years in your kitchen.

Pre-registration is required.
Classes are held from 9 a.m. to noon.
Instructor: Alex Brechbill
Members \$45, Non-members \$55

June 12 | July 24 | August 14 | September 4

#### Scandinavian Spoons (Intermediate)

Develop the confidence to carve traditional wooden spoons from roughed out spoon blanks with a variety of knives. The style of carving is based on traditional Scandinavian methods using freshly harvested timber. Pre-registration is required. Classes will be held from 1 to 5 p.m. Instructor: Alex Brechbill Members \$45, Non-members \$55

June 12 | July 24 | August 14 | September 4

#### POLYMER CLAY PENS

Design and create your own customized, decorative pens for work or home. The instructor will provide information on kilning them at home. Pre-registration is required. Class will be held from 6 to 7 p.m. Instructor: Skyler Thomas Koehn Members \$20, Non-members \$30

June 17

#### BASKETWEAVING

Basket weaving is an ancient art form that uses botanical materials to create functional pieces that you can enjoy for years to come. Jeannie Sisson of Woven Keepsakes will conduct this workshop, where "fun and friendships intertwine" and participants will create their own basket (design dependent on the month's theme). All supplies are provided. Pre-registration is required. Classes are held from noon to 5 p.m. Members \$40, Non-members \$50

June 19 | Country Clothespin August 21 | Autumn Blessings September 18 | Falling Leaves November 20 | Tote Basket

#### **BOTANICAL BARTENDING**

Join Ata Rogers from WineStyles Tasting Station and enjoy sampling a hand-picked selection of wines and spirits! In these educational courses, you will notice the subtle differences between each sample by learning about the ingredients, origins, process of how each wine or spirit is made, and, of course, by tasting them! All sessions will be held from 6 to 7:30 p.m. Must be 21 to attend. Instructor: Ata Rogers from WineStyles Tasting Station

Members \$30, Non-members \$40

#### June 30 | Distilled Spirit Sampling: Tequila

Join WineStyles Tasting Station to explore the ingredients and history of tequila and enjoy a tequila tasting. Taste agave spirits in a range of ways and learn to detect some of the more common traits from earthy, citrusy or floral to vanilla, caramel, and even coffee!

#### July 28 | Distilled Spirit Sampling: Vodka

Vodka has a reputation for being strong and flavorless, but while some varieties aim to be fairly neutral, others impart great personality and complex flavor. Join WineStyles Tasting Station to explore the grain to glass process of distilling vodka and enjoy a vodka tasting. Discover different flavor profiles and, based on the aroma, mouthfeel, taste, and amount of burn on the finish, find one that suits your palate!

#### August 25 | Distilled Spirit Sampling: Gin

Gin is ever-growing in popularity, with new flavor profiles and small batch varieties consistently popping up on the market. Learn all about gin and its "ginaissance" with a professional from WineStyles Tasting Station. Sample different gins and learn about the botanicals (herbs, berries, spices, bark, roots, peels, flowers, etc.) used in the gin-making process that help distinguish one from the other.

#### September 29 | Distilled Spirit Sampling: Bourbon

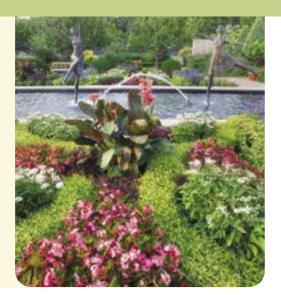
Join WineStyles Tasting Station to explore the ingredients and history of bourbon and enjoy a bourbon tasting. Discover different flavor profiles and find one that suits your palate! Learn more about the botanical ingredients in whiskey and bourbons, and which "recipes" offer the more basic profiles like sweet, malty, creamy, or peppery.

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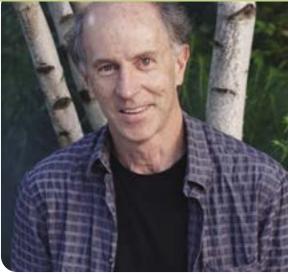
# BOTANICAL BUS TOUR OF KANSAS CITY

Take a bus trip with fellow plant enthusiasts and gardeners to explore some of the horticultural highlights in the Kansas City, Missouri area. Don't miss this opportunity to discover the beauty of Kauffman Memorial Garden, to learn about the history of Jacob Loose Park, and to be inspired by Powell Gardens. Tour includes bus, a guided tour of Powell Gardens, admission to all gardens/parks, lunch, dinner, and snacks. Members \$90, Non-members \$100

June 10 | 8 a.m. to approximately 8 p.m.







#### **BUTTERFLY WALKS**

Learn how to identify butterflies as well as how to attract butterflies to your garden for years to come! Pre-registration is required. Walks are held from 10 to 11:30 a.m.

Members \$5, Non-members \$15

June 19 | July 17 | August 28



Enjoy a tram ride out to the Robert H. Storz Family Rose Garden at twilight followed by a tour of the garden from Don Swanson of the Omaha Rose Society. Tours are held from 5:30 to 7 p.m. *Members* \$5, *Non-members* \$15

June 18 | September 3



Join Dr. Ted Burk on a guided tour of the twilight gardens, when the insect chorale is at its peak. Learn to identify different insects by their song. Cost includes tram ride. Pre-registration is required.

Members \$5, Non-members \$15

August 20 | 8 to 9:30 p.m.

#### MIGRATING BIRD HIKE

Join the Audubon Society of Omaha on a bird hike through the Arboretum and Oberman Bird Sanctuary to explore the diversity of bird life in the garden. Pre-registration is required.

Members \$5. Non-members \$15

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September 11 | 9 to 10:30 a.m.





### NIGHT SKY AT LAURITZEN GARDENS

Join the Omaha Astronomical Society in viewing the night skies at Lauritzen Gardens. This program includes a tram ride out to the rose garden and a viewing of the gorgeous night sky using the Omaha Astronomical Society's telescope. Pre-registration is required. Participants should bring a flashlight. Members \$5, Non-members \$15

Full Moon
June 19 | 9:30 to 11 p.m.

Full Moon
July 17 | 9:30 to 11 p.m.

Jupiter and Saturn August 28 | 8:30 to 10 p.m.

Jupiter and Saturn
September 25 | 8 to 9:30 p.m.

### VIRTUAL SUMMER SOLSTICE LECTURE

featuring The Living Landscape author Rick Darke

This year, we are pleased to present a virtual opportunity to learn from renowned author, photographer, and landscape designer, Rick Darke. Expanding on the subject of *The Living Landscape: Designing for Beauty and Biodiversity in the Home Garden*, co-authored by Rick Darke and Doug Tallamy, this richly illustrated talk will present ideas for the plant selection, design, and care of home and community landscapes that are practical and durable, but also beautiful and joyfully livable.

While we cannot experience what is usually a fun-filled evening in-person, there will still be inspiration, beauty and practical advice. This virtual lecture will be held on the Zoom platform, available on any device with an internet connection. You do not need to purchase an account to participate. Login details and helpful information will be emailed to you upon successful registration.

Lecture only: Members \$5, Non-members \$15 Book and lecture packages are also available.

June 24 | 10 a.m.

This lecture is made possible by generous gifts from the Mae and Lawrence Youngman and Judy and Jim Wigton families.

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### **HEALTH AND WELLNESS**



#### **QIGONG**

Qigong (CHEE - GONG) is a practice of coordinated movements and breathing done in repetition for clearing, cultivating, and balancing energy within the body while also building strength and stability. It is a gentle form of exercise that can be thought of as a moving meditation. This method of coordinating breath with body movements helps bring awareness within, reduce stress, anxiety and tension, and also promotes restful sleep.

Classes are held from 8 to 9 a.m.

Instructor: Julie Wolter Jenowe

Members \$10, Non-members \$15

June 19 | Access to Nature's Abundant Sources of Energy with Qigong

July 10 | Cultivate the Fire Within, Qigong for Energy

July 24 | A Pathway to the Heart, Qigong for the Cardiovascular System

August 7 | Golden Light Shines, Qigong Practice for Energy Awareness

August 21 | Opening to Our Energy Being with Qigong

September 4 | Cultivating a Path to Well Being, Shibashi 18 part 1

September 25 | Awakening of the Breath to Create Harmony of Body and Mind, Qigong Practice

#### MEMBERS ONLY WALKING CLUB

Walk your way to good health on Tuesday mornings by exploring more than 1.5 miles of trails. Walking club will help you fight stress, strengthen your mind and body and feel rejuvenated. Members Only - no reservations or timed tickets required. Bring your membership card and photo ID.

Tuesday mornings at 8:30 a.m. through October







#### YOGA

Classes will be held outdoors through October (weather permitting). Please bring a mat or towel. Classes are held from 6 to 7:30 p.m. All levels are welcome.

Members \$10, Non-members \$15

#### FLOW/VINYASA

Surrounded by the beauty of nature, you'll find the peace and stillness inherent in the garden. Connect with nature and yourself in these yoga workshops for all levels.

Instructor: Suzanne Wright

June 2 | July 7 | August 4 | September 1

#### YIN YOGA

Yin yoga is a slow-paced style of yoga combining deep stretching and relaxation. This more meditative practice helps to lengthen ligaments, soften joints, and improve flexibility. Instructor: Suzanne Wright

June 16 | July 21 | August 18 | September 15

#### YOGA FOR RELAXATION

This gentle, relaxing introduction to yoga is perfect for beginners or yoga practitioners of all levels.

Instructor: Lindsey VanZee

June 9 | June 23 | July 14 | July 28 August 11 | August 25 | September 8

#### ABOUT THE INSTRUCTORS

Suzanne Wright is an E-500RYT who practices and shares Vinyasa, Yin and Restorative Yoga. She was drawn to yoga purely for physical reasons. The constant challenge of physical, mental, and spiritual balance is what keeps her coming back to the practice. Based in Omaha, Nebraska, her classes are challenging, energetic and aimed at helping you explore and find balance in your practice on and off the mat.

Lindsay VanZee is a RYT-200, trained in the eighth limbed path of Yoga. She received her certification at Anamaya in Costa Rica during summer 2015 and has enjoyed teaching a variety of styles ever since. From yoga studios to outdoor gardens, she believes in making yoga accessible for all bodies, ages, and abilities. In a calm and playful environment, Lindsay helps yoga students explore their bodies, minds, and breath through gentle movement. Sharing the gift of deep breathing, mindfulness, and positivity is a passion of Lindsay's as she hopes to encourage all to find their own truth and live it.

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SPECIAL EVENTS SPECIAL EVENTS





#### LEASHES AT LAURITZEN

June 7 and 14, July 5 and 12, August 2 and 9, September 13, and October 4 and 11 5 to 8 p.m.

The garden has gone to the dogs! Bring your canine friends to walk the grounds and enjoy the great outdoors together. Water will be available at stations throughout the garden. Don't miss this tail wagging good time!

Please note: All Leashes at Lauritzen event attendees, including members, must secure a timed ticket for the event.

Tickets may be purchased or reserved at lauritzengardens.org/tickets
Members FREE, Non-members \$10

#### SUMMER OF WELLNESS

May 29 through September 6

LauritZEN Gardens serves as a refuge to rejuvenate the mind, body, and spirit. This summer, relax, enjoy the many benefits of nature, and learn ways to bring the outside in as you explore our wellness-themed garden beds.

# PRIVATE GOLF CART TOURS

Private, 1.5 hour golf cart tours (for 2-5 people) are full of facts and stories about the garden. Hosted by Executive Director Emeritus, Spencer Crews, tours are offered Monday through Thursday at 9 a.m., 10:30 a.m., noon, 1:30 p.m. and 3 p.m. from May through October. Tour rate is \$60 per person, \$45 per person for members. Bookings are required one week in advance. Call Christine at (402) 346-4002, ext. 212 to book your tour or to purchase a gift certificate for a recipient to redeem on a date of their choosing. A great gift idea!

### LAURITZEN GARDENS ANTIQUES SHOW

September 9 through 12

Join us for a captivating weekend, full of unexpected discoveries in the booths of our distinguished antiques exhibitors and splendid treasures found in the curated collections of Lauritzen Gardens.

Experience delightful chance meetings with friends and witness magnificent presentations from our acclaimed speakers, all to benefit our beautiful public garden.

For a complete schedule of luncheons, exhibitors, and Antique & Design Academy sessions, please visit *omahaantiqueshow.org*.

# ALL EUROPEAN SHOW AND SHINE

September 26

See fine European cars and motorcycles staged against a lush background.

### JAPANESE AMBIENCE FESTIVAL

October 3 and 4

For an entire weekend, the garden grounds are alive with merriment as guests celebrate the joys of autumn and experience the Japanese culture first-hand.

#### WICKED PLANTS DISPLAY

October 16 through 31

This spooky display features some of the most dangerous and notorious members of the plant kingdom.

# GHOULISH GARDEN ADVENTURE

October 24

Dress in costume and enjoy a variety of fun and educational activity stations throughout the garden.

# MEMBERS MAKE OUR MISSION POSSIBLE

Membership is an easy and meaningful way to impact our community, provide opportunities for nature-based inspiration and education, and share the joys of the garden year-round. Levels start at \$45 per year. Proceeds help Lauritzen Gardens fulfill its mission of providing memorable educational and aesthetic experiences for all.

Members receive reduced registration for educational programs and workshops. Other benefits include:

- Free admission for one year Reduced fees for narrated tram tours Discounted member rate for private golf cart tours A 10% discount on all regularly priced items in the gift shop
- Reciprocal privileges at more than 330 gardens across North America through the American Horticultural Society's Reciprocal Admissions Program (must present Lauritzen Gardens Membership Card in order to receive reciprocal benefits at participating institutions)

More information can be provided by visiting lauritzengardens.org/JOIN or by contacting the membership department at (402) 346-4002 ext. 214/216 or email membership@omahabotanicalgardens.org









100 Bancroft Street Omaha, NE 68108 lauritzengardens.org (402) 346-4002 Non Profit Org US Postage PAID Omaha NE Permit No 1285

#### REGISTRATION

All classes, workshops and other educational offerings listed in this brochure require advance registration with payment due upon registration. MEMBERS: If you haven't registered your account, please do so by using the link in the upper right-hand corner on the program registration page. Then sign-in to complete your program registration (your email should appear there if you are properly signed in). Member discounts are applied after classes are added to the cart. Please note that member discounts for events and programs apply only to those covered under membership terms.

# REFUNDS AND CANCELLATIONS

If a registration for a program must be canceled, registration fees will be refunded if notice is received at least one week before the program date. Refunds will not be provided for cancellations within one week of the start of the program or for participants that are late or do not show for a program.

Please note that programs with insufficient registrations may be canceled. If Lauritzen Gardens cancels a program, phone or email notification will be made as early as possible and full refunds will be given. In case of severe weather, please call (402) 346-4002, ext. 201 or, on the weekends, (402) 346-4002, ext. 250 to check the status of the program.

For more information visit lauritzengardens.org and click on "learn" or call (402) 346-4002, ext. 253

# GENERAL GARDEN INFORMATION

(402) 346-4002 lauritzengardens.org

#### **FOLLOW US**

Follow us to get the latest dirt on garden programs and events







LAURITZEN GARDENS Open daily 9 a.m. to 5 p.m. Open Monday and Tuesday evenings until 8 p.m. through August Timed tickets are required 100 Bancroft Street, Omaha, NE